



Market Buys

..... JUNE 20-26



MEAT MARKET

Lean GROUND BEEF Oregon Country Beef. Save \$1 lb.	\$5.49 lb.
Natural Pork Shoulder ROAST Boneless. Save \$1 lb.	\$2.99 lb.
Chuck ROAST Oregon Country Beef. Boneless. Save \$1 lb.	\$6.99 lb.
Top Round STEAK Choice Angus beef. Boneless. Cut for London broil. Save \$2 lb.	\$4.99 lb.
Whole CHICKEN Air-chilled Smart Chicken.	\$2.99 lb.
Ranger Boneless CHICKEN BREAST Free range, Washington grown. Save \$1 lb.	\$6.99 lb.

SEAFOOD MARKET

Fresh Swordfish STEAKS Save \$3 lb.	\$19.99 lb.
Blue North Pacific COD Humanely harvested. Prev. frozen. Save \$1 lb.	\$11.99 lb.
Our Own COOKED PRAWNS Cooked in our Market. Save \$2 lb.	\$27.99 lb.
C&H Smoked King SALMON Save \$2 lb.	\$27.99 lb.

BULK FOODS

Equal Exchange COFFEE Whole bean. Fair trade, organic. Save \$2 lb.	\$8.99 lb.
Northwest HONEY Assorted varieties. Save up to \$3 lb.	\$3.99 lb.
Whole Roasted ALMONDS Salted or unsalted. Save up to \$3.50 lb.	\$6.49 lb.
Whole Northwest HAZELNUTS Raw. Save \$3.30 lb.	\$8.99 lb.

PRODUCE MARKET

Organic BROCCOLI	\$1.98 lb.
Organic Mini SWEET PEPPERS 1-lb. bag.	\$3.98
Organic RED RADISHES Bunched. Washington grown, Dharma Ridge Farm.	2/\$5
Rainier CHERRIES Washington grown, export grade.	\$7.98 lb.
English CUCUMBERS Canadian Hot House grown.	3/\$5
Organic Mini WATERMELONS Seedless.	\$5.98
Sweet English PEAS	\$2.98 lb.
Organic BABY CARROTS 1-lb. bag. Peeled.	2/\$5
Organic SPINACH Bunched. Washington grown, Dharma Ridge Farm.	\$1.98

DELI

Black Pepper BellaVitano CHEESE Sartori. Save \$6 lb.	\$11.99 lb.
Solera Mahón CHEESE Imported from Spain. Save \$4 lb.	\$19.99 lb.
Karam's GARLIC SAUCE, 16 oz. Original or Tahini. Save \$1.	\$9.99

BAKERY

No-Bake COOKIES Assorted varieties. Save \$1.	\$4.99
Monkey BREAD Macrina Bakery. Save \$1.	\$5.99
Essential Baking BAGUETTES Columbia or Parisian. Save 50¢.	\$2.49

While supplies last. Some products may not be available at all stores. All items subject to availability.